

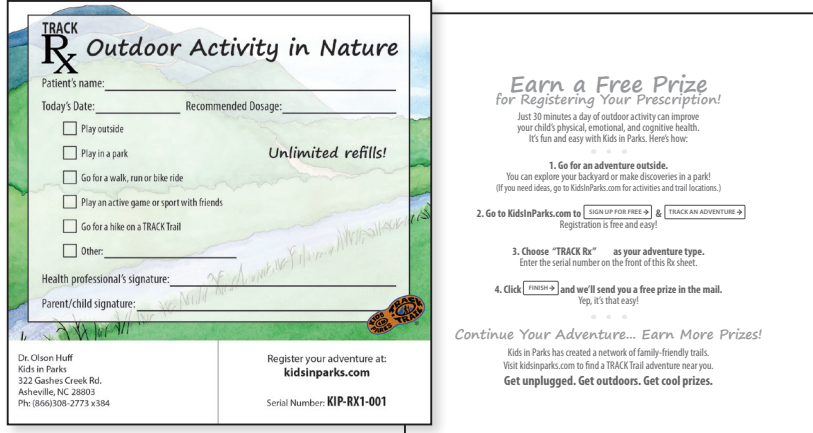


# TRACK Rx QUICK GUIDE

TRACK Rx is an easy way for healthcare providers to recommend outdoor activity to their patients. It includes fun activities for kids, incentives for ‘filling’ their prescriptions, and a network of family-friendly TRACK Trails to visit.

With a patient...

- 1 Discuss** the benefits of outdoor activity for physical and mental wellbeing.
- 2 Prescribe** outdoor activity with your pad or through the EMR. Let the patient know that they can register their prescription by following the instructions on the back to earn a free prize.



- 3 Give** the patient a TRACK Rx activity brochure and discuss places where they can complete the activities:
  - Backyard
  - Your favorite parks/greenways
  - Official TRACK Trails on [kidsinparks.com](http://kidsinparks.com)



# TRACKing patient outcomes...

Each prescription has a **unique serial number** that links their registration with your practice.

TRACK Rx Outdoor Activity in Nature

Patient's name: \_\_\_\_\_

Today's Date: \_\_\_\_\_ Recommended Dosage: \_\_\_\_\_

Play outside  
 Play in a park  
 Go for a walk, run or bike ride  
 Play an active game or sport with friends  
 Go for a hike on a TRACK Trail  
 Other: \_\_\_\_\_

Unlimited refills!

Health professional's signature: \_\_\_\_\_  
Parent/child signature: \_\_\_\_\_

Dr. Olson Huff  
Kids in Parks  
322 Cashew Creek Rd.  
Asheville, NC 28803  
PH: (866)308-2773 x384

Register your adventure at:  
**kidsinparks.com**

Serial Number: **KIP-RX1-001**

**KIP-RX1-001**

practice  
code

prescriber  
code

patient  
code

When a patient registers with a serial number associated with your practice, you will be alerted by email and can review the registration in your **prescriber dashboard**.

Prescribers Dashboard | Kids in P. x +

kidsinparks.com/prescribers/dashboard

**My Providers** **33** **Total Registrations**

Practices  
▶ Kids in Parks - TEST Practice (KIP)

Prescribers  
▶ Jason Urroz (JUR)  
▶ Adam Roades (ARO)  
▶ Erin Voss (EVR)

**Figures for January 1, 2019 to September 10, 2021**

**11** Registrations this Period

Prescribers  
 JUR  
 ARO  
 EVR

From Date  
01/01/2019  
E.g., 09/10/2021

To Date  
09/10/2021  
E.g., 09/10/2021

New Submissions  
 Processed Submissions

UPDATE CHARTS  
EXPORT DATA

Serial	Name	Date	Type	
KIP-JUR-TST	Jason Urroz	08/02/2019	TRACK Rx	Process
KIP-JUR-TST	Jason Urroz	10/01/2019	Hiking Trail	Process

Data at a Glance

Choose Prescriber \*if practice manager

Refine/Export Data

Individual Registrations

Prescribers can note registration information in the patient's electronic medical record for **followup discussion** in future patient visits.