

10  **Meyer Lemon** *Citrus Meyerii*



This tree grows a citrus fruit native to China and is a cross between a lemon and an orange. Take a look at the thorny branches. What is the purpose of these long thorns?

11  **Lavender** *Lavandula*



This plant is known for its soothing & pleasant fragrance. Take a leaf and rub between your fingers, then smell. Butterflies and other beneficial insects are attracted to the flowers. This is a herb that has been used for over 2000 years in cooking and added to water for bathing.

12  **Rosemary** *Rosmarinus*



Beautiful purple flowers and the leaves are used extensively for cooking. Rub between your fingers and smell. Look closely and you will probably see some spider webs and maybe even some lizards as these bushes are home to several animals in the park.

13  **Mexican Sage** *Salvia Leucantha*



This plant has beautiful purple flowers but what is really cool is the velvety leaves that also are very aromatic. Pick a leaf and feel how soft it feels, rub it and see how good it smells.

14  **Torrey Pine** *Pinus Torreyana*



San Dieguito Park staff has planted over 50 Torrey Pines in the park in an effort to help this endangered species to survive. These trees are the rarest native pines in the United States. How many pine needles do you see in a bundle?

**TRACK** your hike at [kidsinparks.com](http://kidsinparks.com) and get **FREE** prizes!



Visit our website to find more TRACK Trail™ adventures near you!

Thanks for joining us on the trail today!



Follow us on Facebook! 

TRACK Trail Partners



Kids in Parks Founding Partners

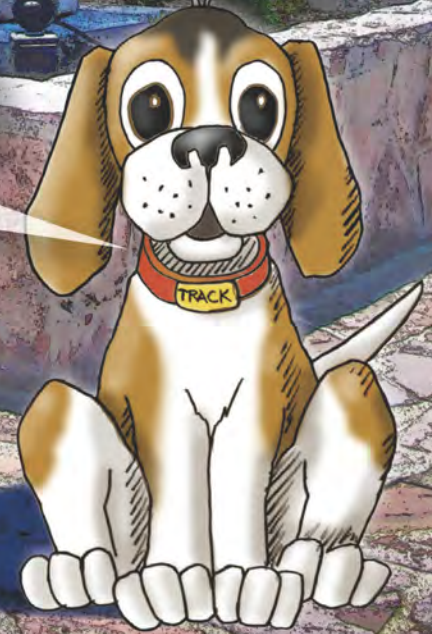


# San Dieguito County Park Sensory Challenge



Hey TRACK! Something smells great! Want to go find it?

Sounds fun, KIP! Let's use our senses to explore the park!



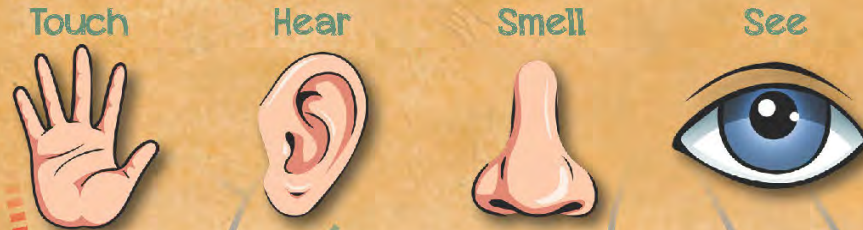
This trail is **ADA** Compliant



# Search with your Senses

Our eyes are great tools for making discoveries, but we can find new things by using other senses. Make your way around the trail and use your various senses to explore the features of San Dieguito County Park

Look for these symbols in the brochure to know which sense to use!



## 1 Red Flowering Gum Eucalyptus



**Corymbia Fitifolia**  
Look at the beautiful red spiked flowers and the large very hard seeds. Take a leaf and rub between your fingers and smell...Eucalyptus has a strong and distinct fragrance.

## 2 Eucalyptus Sap



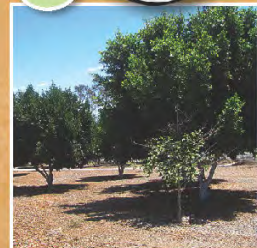
Look up the tree trunk and on the ground around this eucalyptus tree. You will see some shiny sap that looks sticky and wet but it is actually dry and hard. Pick up a piece or touch it on the trunk. Make sure to leave it behind so the next TRACKER can have the same chance to check it out.

## 3 ADA Accessible Exercise Station



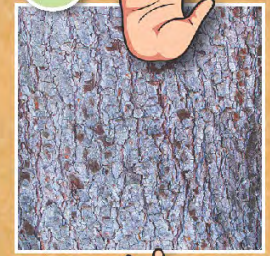
Do you hear kids playing? San Dieguito County Park has five playgrounds. Give each station a try, which one did you like the best? Look for the Little Padres Miracle Ball Field, where children with special needs can play baseball in an organized league. Visit [miracleleagueofsandiego.org](http://miracleleagueofsandiego.org) for more info.

## 4 Ficus Grove



These fast growing trees were planted to provide shaded areas for the park. Look at their canopies. Do you think they will provide good shade when fully grown?

## 5 Podocarpus Tree Bark



**Podocarpus Macrophyllus**  
Feel the very distinctive bark. Is it rough or smooth? Also take a look at the pretty foliage.

## 6 Liquid Ambar Tree



**Liquidambar Styraciflua**  
Feel the bark, now look up at the great canopy and see the thorny spiked seeds. Look around on the ground and you can find some seed pods that have dropped. How do they feel?

## 7 Canary Island Date Palm



**Phoenix Canariensis**  
Take a look across the grassy area to the left as you're passing the playground, do you see a giant pineapple growing out of the ground? It's actually an invasive palm tree. We have two in this part of the park. Can you spot the other one on your hike?

## 8 Jacaranda Tree



**Jacaranda Mimosiflora**  
Check out the cool leaves. They are "even bipinnate" meaning arranged oppositely on a stem.

## 9 Coral Tree



**Erythrina Lysistemon**  
This is the only Coral Tree in the entire park. When the flowers bloom they are beautiful and actually a pinkish-orange or "coral" color.



Lomas Santa Fe Drive ← Linea Del Cielo →