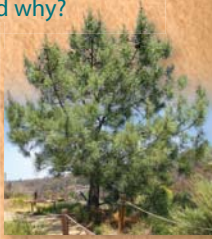


Other things for you to seek

Playgrounds - There are 5 playgrounds at San Dieguito, all located in the upper park. How many have you found? What is your favorite piece of equipment to play on and why?

Torrey Pine Trees
An endangered species, these are the rarest native pines in the United States. We are lucky to have some growing inside this park. Can you spot them?



Wedding Gazebo - Many couples have chosen San Dieguito County Park as the place to hold their wedding ceremony, primarily because of the natural setting and beauty of surrounding plants and trees.

Miracle Field
San Dieguito County Park is home to the "Little Padres" Miracle Ball Field, providing children with special needs the opportunity to play baseball in an organized league.

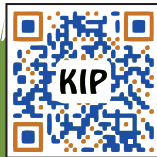


Trail Protective Measures - Erosion due to rain can ruin dirt trails, especially where the terrain is steep. Park staff install protective measures to help prevent, control, and limit this damage. Have you seen any of these protective measures during your hike?



Water Bars Gravel Trenches Rain Channels

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Discover the Treasures of San Dieguito County Park

The area between the upper and lower parks has many trails that lead to some unique, informative, challenging, and fun features. Let's see how many you can find!

Activity Hill

Suspension Bridges

A suspension or rope bridge is supported only by anchors at either end. It is considered the most efficient and sustainable design in developing countries. San Dieguito Park has two suspension bridges. Try crossing both... How did it feel?

Hillside Ladders

There are 4 hillside ladders on Activity Hill. Count every rung (step) as you climb. How many rungs did you count?

Sandstone

Sandstone is a sedimentary rock made up of compressed layers of sand. It is very vulnerable to erosion.

Stay behind the rope to help preserve this sandstone formation for future visitors.

Exercise Stations

You're getting a great workout hiking... but wait, there's more! There are 10 workout stations around the park. Each targets a specific set of muscles.

How many stations did you find?

① ② ③ ④ ⑤ ⑥ ⑦ ⑧ ⑨ ⑩

What was your favorite exercise?



Pine Tower

This is the first of 3 lookout towers, with scenic views of the Lower Park and surrounding community. There is an interactive information center which teaches you about the trees and shrubs located inside the park.

How deep can a Torrey Pine tap root go?

Which is your favorite tree or shrub?

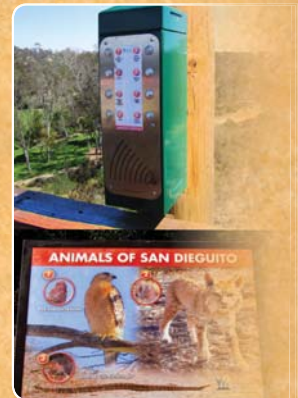


Hawk's Nest

On this tower, you can learn about the many birds and mammals that inhabit the park.

What does a rattlesnake eat?

Which animal is your favorite?



Osuna Overlook

This tower is at the southern most end of the park and has great views of the entire park. Here you can learn about the history of the park and surrounding community.

